

NORDONIA HILLS SENIOR CENTER

WEDNESDAY 9:30am-2:00pm
Sponsored by the Nordonia Hills Area
At Macedonia City Hall - 9691 Valley View Rd.
330.468.8300 x432

**AUG
2018**

THE COOL PLACE TO BE

August 1

Cards Available

- 10:00** - Exercise
- 11:00** - Walk a Mile In My Shoes
- 12:15** - Lunch
- 1:00** - BINGO

August 8

Cards Available

- 10:00** - Exercise
- 11:00** - Balance
- 12:15** - Lunch
- 1:00** - BINGO

August 15

Cards Available

- 10:00** - Exercise
- 11:00** - Nail Care
- 12:15** - Lunch
- 1:00** - BINGO

August 22

Cards Available

- 10:00** - Exercise
- 11:00** - Healthy Eating and Cooking
- 12:15** - Lunch
- 1:00** - BINGO

August 29

Cards Available

- 10:00** - Exercise
- 11:00** - LUAU
- 12:15** - Lunch
- 1:00** - BINGO

Help the Homeless

**Please bring in sealed
samples for the homeless.
(toothpaste, shampoo, etc.)**

Thank you!

**Lunch Fee:
\$3.00 Per Person**