

# NORDONIA HILLS SENIOR CENTER

**WEDNESDAY 10:00 - 3:00**

**Sponsored by the Nordonia Hills Area**

**At Epiphany Lutheran Church - 10503 Valley View Rd**

**330-468-3081**

**JULY**

**2013**

**NEWSLETTER**

 **The COOLEST Place in Town** 

## JULY 3

**CARDS, GAMES, PUZZLES, ONGOING ALL DAY**

**10:00 - Exercise Class**

**11:00 - Video - Safety Solutions for**

**Older Drivers - Craft Corner Activities**

**12:00 - Lunch provided and Birthday Cake**

**1:00 - BINGO**

## JULY 10

**CARDS, GAMES, PUZZLES, ONGOING ALL DAY**

**10:00 - Exercise Class**

**11:00 - Cindy Walker from**

**Seniors Helping Seniors**

**12:00 - Catered Lunch**

**1:00 - Bill Braning Comedian**

**"It Only Hurts When I Laugh"**

## JULY 17

**CARDS, GAMES, PUZZLES, ONGOING ALL DAY**

**10:00 - Exercise Class at the Senior Center**

**11:00 - Picnic Lunch at the Sagamore Park and**

**Senior Center Open**

**1:00 - BINGO at the park**

**PICNIC INFO ON THE BACK**

## JULY 24

**CARDS, GAMES, PUZZLES, ONGOING ALL DAY**

**10:00 - Exercise Class**

**11:00 - Sharon Thayer Honroth - Medicare**

**Health Plan**

**12:00 - Hawaiian Luau**

**1:00 - LIVE MUSIC - Island Jeff and his**

**kettle drums**

## JULY 31

**CARDS, GAMES, PUZZLES, ONGOING ALL DAY**

**10:00 - Exercise Class**

**11:00 - Kim Morrow - Identity Theft**

**12:00 - Lunch will be provided**

**1:00 - LIVE MUSIC - Brecksville Concert Quartet**



## THANK YOU TO OUR PAST SPEAKERS

**Jeff Snell - Attorney**

**Gina Stillitano - Hear USA**

**Kathy Doman - Options for Seniors**

**Variety Show Participants**

**LUNCH FEE \$3.00 PER PERSON**

**PICNIC INFORMATION**

Weather permitting on Wednesday July 17 and August 7 we will have a picnic at the Sagamore Hills Park located at 11551 Valley View Rd. across from the police station. We have reserved the farthest, bigger pavilion and there is parking and restrooms available.

The pavilion is reserved from 10:00 to 3:00. Also, the senior center will remain open from 10:00 to 3:00 for those who prefer to stay indoors.

Exercise class will take place, as usual in the senior center at 10:00. You can meet us at the park, carpool from the center after exercise, or stay at the center for the day.

Beverages and lunch will be served at the park and senior center. Lunch tickets are \$3.00 per person. No alcoholic beverages or glass containers are allowed. Lawn chairs are permitted.

We will have BINGO at the park for cash and prizes at 1:00. A \$1.00 fee per person covers all the games. Cards and games will be played at the park and senior center. Crafts will be offered at the center.

If the temperature is 90 degrees we will not go to the park but will stay at the senior center all day.

The Emergency Assistance Ctr. requested that we collect paper goods, clothing and can foods (check expiration date) during July. Please bring these items to the Senior Ctr.